

Past Winners Kal's Knoya Ridge Run 2007-2016

Men's Winners					Women's Winners				
Year	2.5km - 1200 feet of vertical				Year	2.5km - 1200 feet of vertical			
2007	Austin	Dabbs	16:24		2007	Annie	Connelly	26:29	
2008	Austin	Dabbs	17:15		2008	Amelia	Hennessey	13:38	course record
2009					2009				
2010	David	Spencer	14:27		2010	Emily	Decker	18:50	
2011	no runners				2011	no runners			
2012	David	Spencer	12:30		2012	Alejandra	Legate	14:40	
2013	David	Spencer	13:33		2013	Sylvia	Robertson	17:28	
2014	Camden	Benter	12:45		2014	Erin	Sivitz	16:16	
2015	David	Spencer	12:01	course record	2015	Samantha	Legate	18:58	
2016	Michael	Earnhart	12:25		2016	Hannah	Brown	15:23	
5.6km - 2900 feet of vertical					5.6km - 2900 feet of vertical				
2007	Frode	Lillefjell	40:49		2007	Jane	Senaga	48:10	
2008	Trond	Flagstad	39:27		2008	Holly	Brooks	47:50	
2009					2009				
2010	Mark	Brady	44:27		2010	Amelia	Hennessey	52:50	
2011	Rick	Rogers	54:04		2011	Katie	Weddleton	58:29	
2012	Matias	Saari	40:09		2012	Najeeby	Quinn	47:39	
2013	Eric	Strabel	41:17		2013	Christie	Marvin	49:54	
2014	Eric	Strabel	37:50	course record	2014	Christie	Marvin	45:20	course record
2015	Peter	Kling	46:05		2015	Nancy	Pease	48:54	
2016	Luke	Jager	42:25		2016	Annie	Liotta	53:20	
8.5 km - 4300 feet of vertical					8.5 km - 4300 feet of vertical				
2010	Trond	Flagstad	1:02:40		2010	Dawnell	Smith	1:39:59	
2011	Matt	Novakovich	1:04:01		2011	Abby	Rideout	1:19:38	
2012	No race held due to snow				2012	No race held due to snow			
2013	No race held due to snow				2013	No race held due to snow			
2014	No race held due to high winds				2014	No race held due to high winds			
2015	Jim	Shine	57:25	course record	2015	Najeeby	Quinn	1:10:45	
2016	Scott	Patterson	57:32		2016	Christy	Marvin	1:07:52	course record

Top 10 Times Kal's Knoya Ridge Run 2007 - 2016

Top 10 Times Men					Top 10 Times Women				
Happy Trail 2.5km - 1200 feet of vertical					Happy Trail 2.5km - 1200 feet of vertical				
1	David	Spencer	12:01	2015	1	Amelia	Hennessey	13:38	2008
2	Kelemen	Legate	12:17	2015	2	Alejandra	Legate	14:40	2012
3	Brandon	Rinner	12:25	2015	3	Hannah	Brown	15:23	2016
4	Michael	Earnhart	12:25	2016	4	Lily	Slatonbarker	15:59	2016
5	Tucker	Lien	12:26	2016	5	Sadie	Benter	16:05	2016
6	David	Spencer	12:30	2012	6	Erin	Sivitz	16:16	2014
7	Camden	Benter	12:45	2014	7	Sadie	Benter	16:19	2014
8	David	Spencer	13:33	2013	8	Chelsea	Rae	16:31	2014
9	David	Spencer	14:27	2010	9	Ziyi	Rao	16:35	2016
10	Camden	Benter	14:46	2013	10	Romy	Bailey	16:36	2014
Original 5.6km - 2900 feet of vertical					Original 5.6km - 2900 feet of vertical				
1	Eric	Strabel	37:50	2014	1	Christy	Marvin	45:20	2014
2	Trond	Flagstad	39:27	2008	2	Najeeby	Quinn	45:47	2014
3	Matias	Saari	40:09	2012	3	Najeeby	Quinn	47:39	2012
4	Ben	Marvin	40:19	2014	4	Holly	Brooks	47:50	2008
5	Allan	Spangler	40:25	2014	5	Jane	Senaga	48:10	2007
6	Frode	Lillefjell	40:49	2007	6	Nancy	Pease	48:54	2015
7	Matias	Saari	40:50	2014	7	Jane	Senaga	49:11	2008
8	Eric	Strabel	40:55	2012	8	Sheryl	Loan	49:22	2014
9	Trond	Flagstad	41:09	2007	9	Christy	Marvin	49:54	2013
10	Eric	Strabel	41:17	2013	10	Denali	Foldager	50:07	2014

Full Monty 8.5 km - 4300 feet of vertical					Full Monty 8.5 km - 4300 feet of vertical				
1	Jim	Shine	57:25	2015	1	Christy	Marvin	1:07:52	2016
2	Scott	Patterson	57:32	2016	2	Najeeby	Quinn	1:08:18	2016
3	Scott	Patterson	57:53	2015	3	Najeeby	Quinn	1:10:45	2015
4	Matt	Shryock	58:11	2015	4	Jessica	Yeaton	1:11:44	2016
5	David	Norris	58:20	2016	5	Rosie	Frankowski	1:13:21	2016
6	Eric	Strabel	58:31	2015	6	Becca	Rorabaugh	1:14:12	2016
7	Chad	Trammell	59:39	2016	7	Penelope	Spencer	1:15:01	2016
8	Alexander	Eckert	1:00:21	2016	8	Chelsea	Holmes	1:17:19	2016
9	Matt	Novakovich	1:00:21	2016	9	Sheryl	Loan	1:17:25	2016
10	Eric	Strabel	1:01:08	2016	10	Darcy	Dugan	1:18:25	2016