

Turnagain Arm Trail Run, 4-mile - Race winners

MEN

2000	Mark	Strabel	22:51	Potter to McHugh*	Course Record*
2001	Jeff	Quickel	24:40	Potter to McHugh	
2002	Grant	Gephardt	23:57	Potter to McHugh	
2003	Jake	Moe	23:36	Potter to McHugh	
2004	Event Canceled				
2005	Andrew	Lee	26:00	Potter to McHugh	
2006	Mark	Strabel	22:15	McHugh to Potter	
2007	Mason	Wick	21:40	McHugh to Potter	
2008	Todd	List	22:10	McHugh to Potter	
2009	Brad	Precosky	31:52	McHugh to Rainbow	
2010	Luke	Duffy	22:51	McHugh to Potter	
2011	Brad	Benter	35:13	McHugh to Rainbow	
2012	Erik	Johnson	20:59	McHugh to Potter	Course Record
2013	Alex	Alonso	33:55	McHugh to Rainbow	
2014	Brad	Benter (2)	21:50	McHugh to Potter	
2015	Keleman	Legate	36:48	McHugh to Rainbow	
2016	Sebastian	Szweda-Mittelstadt	22:39	McHugh to Potter	
2017	Brad	Benter (3)	33:47	McHugh to Rainbow	
2018	Michael	Connelly	22:29	McHugh to Potter	
2019	Michael	Connelly (2)	30:45	McHugh to Rainbow	Course Record
2020	Canceled due to pandemic - Virtual event held instead				
2021	Logan	Cuddy	24:15	McHugh to Potter	
2022	Blake	Hanley	21:25	McHugh to Potter	
2023	Joshua	Taylor	31:28	McHugh to Rainbow	

WOMEN

2000	Kathy	Sarns	30:11	Potter to McHugh	
2001	Stacy	Edwards	27:18	Potter to McHugh	
2002	Stacy	Edwards (2)	25:48	Potter to McHugh*	Course Record*
2003	Delia	Luch	27:59	Potter to McHugh	
2004	Event Canceled				
2005	Monica	Tibbetts	27:48	Potter to McHugh	
2006	Monica	Tibbetts (2)	24:24	McHugh to Potter	
2007	Monica	Tibbetts (3)	24:41	McHugh to Potter	
2008	Esther	Jurasek	25:50	McHugh to Potter	
2009	Leslie	Varys	38:28	McHugh to Rainbow	Course Record
2010	Leslie	Varys (2)	24:26	McHugh to Potter	
2011	Leslie	Varys (3)	39:04	McHugh to Rainbow	
2012	Greta	Anderson	23:13	McHugh to Potter	Course Record
2013	Leslie	Varys (4)	38:46	McHugh to Rainbow	
2014	Erin	Hamilton	28:46	McHugh to Potter	
2015	Jean	Miller	43:29	McHugh to Rainbow	
2016	Tara	Masters	24:13	McHugh to Potter	
2017	Tatum	Witter	40:12	McHugh to Rainbow	
2018	Tatum	Witter (2)	26:15	McHugh to Potter	
2019	Tara	Masters (2)	40:30	McHugh to Rainbow	
2020	Canceled due to pandemic - Virtual event held instead				
2021	Jessica	Vetsch	24:29	McHugh to Potter	
2022	Jenna	DiFolco	24:54	McHugh to Potter	
2023	Ashton	LeKites	41:44	McHugh to Rainbow	

* Potter to McHugh race course discontinued after 2005

Top Ten Times, 4-mile Men

Potter to McHugh

2000-2003, 2005 (discontinued thereafter)

Place	First	Last	Time	Year
1	Mark	Strabel	22:51	2000
2	Jake	Moe	23:26	2003
3	Grant	Gephardt	23:57	2002
4	Lalito	Espinosa	24:33	2002
5	Jeff	Quickel	24:40	2001
6	Brian	Stoecker	25:11	2003
7	Douglas	Wickler	25:34	2000
8	Andrew	Lee	26:00	2005
9	Eric	Menck	26:24	2000
10	David	Ford	26:58	2001

McHugh to Potter

2006, 2007, 2008, 2010, 2012, 2014, 2016, 2018, 2021, 2022

Place	First	Last	Time	Year
1	Erik	Johnson	20:59	2012
2	Blake	Hanley	21:25	2022
3	Vebjorn	Flagstad	21:30	2022
4	Mason	Wick	21:40	2007
5	Brad	Benter	21:50	2014
6	Joshua	Taylor	21:56	2022
7	Darrin	Markvardsen	22:05	2007
8	Todd	List	22:10	2008
9	Mark	Strabel	22:15	2006
10	Culen	McAlpine	22:19	2007

McHugh to Rainbow

2009, 2011, 2013, 2015, 2017, 2019, 2023

Place	First	Last	Time	Year
1	Michael	Connelly	30:45	2019
2	Joshua	Taylor	31:28	2023
3	Brad	Precosky	31:52	2009
4	Nathaniel	Knapp	33:29	2009
5	Brad	Benter	33:47	2017
6	Alex	Alonso	33:55	2013
7	Brad	Benter	35:13	2011
8	Luke	Duffy	35:36	2009
9	Bodhi	Gross	36:33	2017
10	Ali	Papillon	36:34	2017

Top Ten Times, 4-mile Women

Potter to McHugh

2000-2003, 2005 (Discontinued thereafter)

Place	First	Last	Time	Year
1	Stacy	Edwards	25:48	2002
2	Shannon	Donley	26:52	2002
3	Stacy	Edwards	27:18	2001
4	Monica	Tibbets	27:48	2005
5	Ruth	Barndt	27:59	2002
5	Delia	Luch	27:59	2003
7	Delia	Luch	28:14	2002
8	Heather	Wheeler	29:05	2001
9	Marcelyn	Luch	29:30	2003
10	Letitia	Luch	29:30	2003

McHugh to Potter

2006, 2007, 2008, 2010, 2012, 2014, 2016, 2018, 2021, 2022

Place	First	Last	Time	Year
1	Greta	Anderson	23:13	2012
2	Tara	Master	24:13	2016
3	Monica	Tibbets	24:24	2006
4	Leslie	Varys	24:26	2010
5	Jessica	Vetsch	24:29	2021
6	Rosie	Conway	24:41	2021
7	Monica	Tibbets	24:41	2007
8	Lia	Slemons	24:43	2021
9	Jenna	DiFolco	24:54	2022
10	Mereidi	Liebner	25:08	2007

McHugh to Rainbow

2009, 2011, 2013, 2015, 2017, 2019, 2023

Place	First	Last	Time	Year
1	Leslie	Varys	38:28	2009
2	Lesle	Varys	38:46	2013
3	Leslie	Varys	39:04	2011
4	Tatum	Witter	40:12	2017
5	Tara	Masters	40:30	2019
6	Ashton	LeKites	41:44	2023
7	Beth	Fletcher	42:41	2011
8	Jean	Miller	43:29	2015
9	Sheila	Finch	43:37	2011
10	Jennifer	Davis	44:12	2015

Turnagain Arm Trail Run, 7.5-mile - Race Winners

MEN

1999	Todd	Boonstra	53:32	Potter to Rainbow	
2000	Brad	Precosky	55:57	Potter to Rainbow	
2001	Jens	Beck	53:34	Potter to Rainbow	
2002	Jens	Beck (2)	53:08	Potter to Rainbow	
2003	Eric	Strabel	52:20	Potter to Rainbow	
2004	Event Canceled				
2005	Brandon	Newbould	54:51	Potter to Rainbow	
2006	Sam	Hill	52:50	Rainbow to Potter	
2007	Brandon	Newbould (2)	53:22	Rainbow to Potter	
2008	Patrick	Stinson	56:16	Rainbow to Potter	
2009	Andy	Liebner	53:18	Potter to Rainbow	
2010	Eric	Strabel (2)	51:22	Rainbow to Potter	
2011	Matias	Saari	52:32	Potter to Rainbow	
2012	Matias	Saari (2)	54:22	Rainbow to Potter	
2013	Matias	Saari (3)	53:29	Potter to Rainbow	
2014	Eric	Strabel (3)	50:12	Rainbow to Potter	
2015	Matthew	Shryock	49:42	Potter to Rainbow	Course Record
2016	Chad	Trammell	49:32	Rainbow to Potter	Course Record
2017	Scott	Patterson	51:18	Potter to Rainbow	
2018	Scott	Patterson (2)	49:59	Rainbow to Potter	

2019	Lars	Arneson	51:44	Potter to Rainbow
2020	Canceled due to pandemic - Virtual event held instead			
2021	Lars	Arneson (2)	42:05	Potter to McHugh to Potter - 7 miles
2022	Tracen	Knopp	1:04:18*	Rainbow to Potter (*Bear delay)
2023	Lars	Arneson (3)	52:45	Potter to Rainbow

WOMEN

1999	Teresa	Brady	1:10:48	Potter to Rainbow
2000	Teresa	Brady (2)	1:04:16	Potter to Rainbow
2001	Nora	Tobin	1:03:37	Potter to Rainbow
2002	Brandy	Prosser	1:09:28	Potter to Rainbow
2003	Nora	Tobin (2)	1:05:42	Potter to Rainbow
2004	Event Canceled			
2005	Noelle	Brassard	1:07:21	Potter to Rainbow
2006	Najeeby	Quinn	1:01:56	Rainbow to Potter
2007	Cedar	Bourgeois	1:03:15	Rainbow to Potter
2008	Holly	Brooks	1:03:56	Rainbow to Potter
2009	Najeeby	Quinn (2)	1:09:43	Potter to Rainbow
2010	Najeeby	Quinn (3)	1:03:58	Rainbow to Potter
2011	Najeeby	Quinn (4)	1:03:01	Potter to Rainbow
2012	Najeeby	Quinn (5)	1:04:27	Rainbow to Potter
2013	Jessica	Vetsch	1:09:27	Potter to Rainbow

2014	Najeeby	Quinn (6)	1:00:56	Rainbow to Potter	
2015	Najeeby	Quinn (7)	1:03:22	Potter to Rainbow	
2016	Christy	Marvin	0:59:16	Rainbow to Potter	Course Record
2017	Najeeby	Quinn (8)	1:02:51	Potter to Rainbow	
2018	Denali	Strabel	1:01:38	Rainbow to Potter	
2019	Denali	Strabel (2)	0:59:21	Potter to Rainbow	Course Record
2020	Canceled due to pandemic - Virtual event held instead				
2021	Klaire	Rhodes	0:48:45	Potter to McHugh to Potter - 7 miles	
2022	Denali	Strabel (3)	1:12:30*	Rainbow to Potter (*Bear delay)	
2023	Jenna	DiFolco	1:06:27	Potter to Rainbow	

Top Ten Times, 7.5-mile - Men

North to South (Potter to Rainbow)

99/00/01/02/03/05/09/11/13/15/17/19/23

Place	First	Last	Time	Year
1	Matthew	Shryock	49:42	2015
2	Chad	Trammell	51:07	2015
3	Scott	Patterson	51:18	2017
4	Lars	Arneson	51:44	2019
5	Allan	Spangler	52:14	2017
6	Chad	Trammell	52:15	2019
7	Eric	Strabel	52:20	2003
8	Matias	Saari	52:32	2011
9	Chad	Trammell	52:35	2017
10	Lars	Arneson	52:45	2023

South to North (Rainbow to Potter)

06/07/08/10/12/14/16/18/22

Place	First	Last	Time	Year
1	Chad	Trammell	49:32	2016
2	Scott	Patterson	49:59	2018
3	Eric	Strabel	50:12	2014
4	Scott	Patterson	50:40	2016
5	Chad	Trammell	51:03	2018
6	Matias	Saari	51:20	2016
7	Eric	Strabel	51:22	2010
8	Taylor	Turney	52:17	2018
9	Kenneth	Brewer	52:33	2018
10	Sam	Hill	52:50	2006
10	Cody	Priest	52:50	2018

Top Ten Times, 7.5-mile Women

North to South (Potter to Rainbow)

— 99/00/01/02/03/05/09/11/13/15/17/19/23

Place	First	Last	Time	Year
1	Denali	Strabel	0:59:21	2019
2	Najeeby	Quinn	1:02:51	2017
3	Najeeby	Quinn	1:03:01	2011
3	Heather	Edic	1:03:01	2019
5	Najeeby	Quinn	1:03:22	2015
6	Jessica	Vetsch	1:03:24	2019
7	Nora	Tobin	1:03:37	2001
8	Teresa	Brady	1:04:16	2000
9	Lia	Slemons	1:04:23	2015
10	Taylor	Ostrander	1:04:29	2017

South to North (Rainbow to Potter)

— 06/07/08/10/12/14/16/18/22

Place	First	Last	Time	Year
1	Christy	Marvin	0:59:16	2016
2	Najeeby	Quinn	1:00:13	2016
3	Najeeby	Quinn	1:00:56	2014
4	Denali	Strabel	1:01:38	2018
5	Najeeby	Quinn	1:01:43	2018
6	Najeeby	Quinn	1:01:56	2006
7	Darcy	Dugan	1:02:59	2016
8	Denali	Foldager	1:03:03	2014
9	Cedar	Bourgeois	1:03:15	2007
10	Darcy	Dugan	1:03:38	2018