

Winners Kal's Knoya Ridge Run, 2007-2023									
Men's winners					Women's winners				
Year	Happy Trail 2.5km - 1,200 feet of vertical			Year	Happy Trail 2.5km - 1,200 feet of vertical				
2007	Austin	Dabbs	16:24	2007	Annie	Connelly	26:29		
2008	Austin	Dabbs (2)	17:15	2008	Amelia	Hennessey	13:38	course record	
2009	Results vacated due to tragedy			2009	Results vacated due to tragedy				
2010	David	Spencer	14:27	2010	Emily	Decker	18:50		
2011	Not held			2011	Not held				
2012	David	Spencer (2)	12:30	2012	Alejandra	Legate	14:40		
2013	David	Spencer (3)	13:33	2013	Sylvia	Robertson	17:28		
2014	Camden	Benter	12:45	2014	Erin	Sivitz	16:16		
2015	David	Spencer (4)	12:01	2015	Samantha	Legate	18:58	course record	
2016	Michael	Earnhart	12:25	2016	Hannah	Brown	15:23		
2017	Ethan	Eski	14:36	2017	Tracy	Houser	16:33		
2018	Gareth	Lecrone	14:30	2018	Abigail	Howe	17:17		
2019	Walker	Battreall	13:16	2019	Jillian	Gavalya	16:48		
2020	Canceled due to pandemic			2020	Canceled due to pandemic				
2021	Paxton	Thompson	18:44	2021	Katie	Swanson	17:39		
2022	Elias	Williams	16:10	2022	Marykate	Swenarton	19:25		
2023	Logan	Williams	14:06	2023	Elin	Lunoe	17:39		
Original 5.6km - 2,900 feet of vertical					Original 5.6km - 2,900 feet of vertical				
2007	Frode	Lillefjell	40:49	2007	Jane	Senaga	48:10		
2008	Trond	Flagstad	39:27	2008	Holly	Brooks	47:50		
2009	Results vacated due to tragedy			2009	Results vacated due to tragedy				
2010	Mark	Brady	44:27	2010	Amelia	Hennessey	52:50		
2011	Rick	Rogers	54:04	2011	Katie	Weddleton	58:29		
2012	Matias	Saari	40:09	2012	Najeeby	Quinn	47:39		
2013	Eric	Strabel	41:17	2013	Christy	Marvin	49:54		
2014	Eric	Strabel (2)	37:50	2014	Christy	Marvin (2)	45:20	course record	
2015	Peter	Kling	46:05	2015	Nancy	Pease	48:54		
2016	Luke	Jager	42:25	2016	Annie	Liotta	53:20		
2017	Forrest	Mahlen	43:59	2017	Marine	Dusser	44:58	course record	
2018	Michael	Connelly	43:45	2018	Marine	Dusser (2)	46:01		
2019	Chad	Trammell	39:11	2019	Darcy	Dugan	49:31		
2021	Thomas	O'Harra	39:27	2021	Sarah	Hanchett	47:52		
2022	Chad	Trammell (2)	40:27	2022	Anna	Dalton	48:06		
2023	Lars	Arneson	38:39	2023	Christy	Marvin	45:37		
Full Monty 8.5 km - 4,300 feet of vertical					Full Monty 8.5 km - 4,300 feet of vertical				
2010	Trond	Flagstad	1:02:40	2010	Dawnell	Smith	1:39:59		
2011	Matt	Novakovich	1:04:01	2011	Abby	Rideout	1:19:38		
2012	No race held due to snow			2012	No race held due to snow				
2013	No race held due to snow			2013	No race held due to snow				
2014	No race held due to high winds			2014	No race held due to high winds				
2015	Jim	Shine	57:25	2015	Najeeby	Quinn	1:10:45		
2016	Scott	Patterson	57:32	2016	Christy	Marvin	1:07:52		
2017	David	Norris	58:08	2017	Jessica	Yeaton	1:12:28		
2018	Lars	Arneson	1:01:54	2018	Christy	Marvin (2)	1:08:25		
2019	David	Norris (2)	56:54	2019	Rosie	Frankowski	1:05:34	course record	

Top 10 Times Kal's Knoya Ridge Run 2007 - 2023

Top 10 Times Men				Top 10 Times Women					
Happy Trail 2.5km - 1,200 feet of vertical				Happy Trail 2.5km - 1,200 feet of vertical					
1	David	Spencer	12:01	2015	1	Amelia	Hennessey	13:38	2008
2	Kelemen	Legate	12:17	2015	2	Alejandra	Legate	14:40	2012
3	Brandon	Rinner	12:25	2015	3	Hannah	Brown	15:23	2016
4	Michael	Earnhart	12:25	2016	4	Lily	Slatonbarke	15:59	2016
5	Tucker	Lien	12:26	2016	5	Sadie	Benter	16:05	2016
6	David	Spencer	12:30	2012	6	Erin	Sivitz	16:16	2014
7	Camden	Benter	12:45	2014	7	Sadie	Benter	16:19	2014
8	Walker	Battreal	13:16	2019	8	Chelsea	Rae	16:31	2014
9	Hatcher	Menkens	13:19	2019	9	Tracy	Houser	16:33	2017
10	David	Spencer	13:33	2013	10	Ziyi	Rao	16:35	2016
Original 5.6km - 2,900 feet of vertical				Original 5.6km - 2,900 feet of vertical					
1	Eric	Strabel	37:50	2014	1	Marine	Dusser	44:58	2017
2	Lars	Arneson	38:39	2023	2	Christy	Marvin	45:20	2014
3	Ari	Endestad	39:01	2023	3	Najeeby	Quinn	45:30	2017
3	Chad	Trammell	39:11	2019	4	Christy	Marvin	45:37	2023
5	Trond	Flagstad	39:27	2008	5	Najeeby	Quinn	45:47	2014
6	Thomas	O'Harra	39:27	2021	6	Marine	Dusser	46:01	2018
7	Michael	Connelly	40:00	2019	7	Najeeby	Quinn	47:39	2012
8	Matias	Saari	40:09	2012	8	Holly	Brooks	47:50	2008
9	Ben	Marvin	40:19	2014	9	Sarah	Hanchett	47:52	2021
10	Allan	Spangler	40:25	2014	10	Anna	Dalton	48:06	2022
Full Monty 8.5 km - 4,300 feet of vertical				Full Monty 8.5 km - 4,300 feet of vertical					
1	Scott	Patterson	54:56	2021	1	Rosie	Frankowski	1:05:34	2019
2	David	Norris	56:54	2019	2	Christy	Marvin	1:07:52	2016
3	Jim	Shine	57:25	2015	3	Najeeby	Quinn	1:08:18	2016
4	Scott	Patterson	57:32	2016	4	Christy	Marvin	1:08:25	2018
5	Scott	Patterson	57:53	2015	5	Najeeby	Quinn	1:10:45	2015
6	David	Norris	58:08	2017	6	Klaire	Rhodes	1:11:31	2021
7	Matt	Shryock	58:11	2015	7	Jessica	Yeaton	1:11:44	2016
8	David	Norris	58:20	2016	8	Denali	Strabel	1:12:15	2019
9	Eric	Strabel	58:31	2015	9	Jessica	Yeaton	1:12:28	2017
10	Lars	Arneson	59:19	2019	10	Najeeby	Quinn	1:13:13	2018