

2023 Alaska Mountain Running Grand Prix Results Overall Women

Rank	First Name	C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Totals
1	Inokuma, Meg	100			100		90		110	400
2	Marvin, Christy	90	100	100			100			390
3	Strabel, Denali	85		90	90		85		75	350
4	Severson, Shauna	80	65	85	60				85	315
5	Mina, Viviana		75	30	55		30	75	80	285
6	Vetsch, Jessica		90	45	80			60		275
7	Rhodes, Klaire						80	90	90	260
8	Wright, Sophie		85		85		75			245
9	De Schweinitz, Amy	60	45	75	45		40		55	235
10	Arneson, Heather	70			65	90				225
11	Taylor, Gail	50	35	65	35				70	220
12	Connelly, Annie			70	20	55	60			205
13	Dickerson, Julianne			60	40		70			170
14	Sandvik, Jennifer	20	60	55	15		25			160
15	Difolco, Jenna			80	75					155
16	Hanchett, Sarah	65	80							145
17	Wetzel, Kristin	55						25	50	130
18	Stiassny, Mia				70			55		125
19	Venzke, Carly	75					1		30	106
20	Davila, Brenda	25	30	20						75
21	Kopsack, Jocelyn			15					45	70
22	Tuttle, Laura				5				65	70
23	Spangler, Wren	15		50						65
24	Anglen, Lisa	35			30					65

2023 Alaska Mountain Running Grand Prix Results Overall Men

2023 Grand Prix Age Group Results

Female Age Group 17 and Under		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Totals
1	Spangler, Wren	5		5			3			13
2	Stiassny, Mia				5			5		10
3	Sensabaugh, Elliot	3		4						7
	Conway, Rose				3		4			7
5	Bodkin, Hannah						1	4		5

Female Age Group 18-29		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Totals
1	Wright, Sophie		5		5		4			14
	Rhodes, Klaire						5	4	5	14
3	Connelly, Annie			4	2	3	3			12
4	Difolco, Jenna			5	4					9
5	Venzke, Carly	5							3	8
6	Kopsack, Jocelyn	1		2					4	7

Female Age Group 30-39		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Totals
1	Strabel, Denali	5		5	5		5		3	20
2	Severson, Shauna	4		4	2				5	15
3	Vetsch, Jessica		5	2	4			2		13

	Mina, Viviana		3	±	±		2	4	4	13
5	Arneson, Heather	3			3	4				10
6	Dickerson, Julianne			3			4			7
7	Hanchett, Sarah	2	4							6

Female Age Group 40-49		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Totals
1	Marvin, Christy	4	5	5			5			19
	Inokuma, Meg	5			5		4		5	19
3	De Schweinitz, Amy	3	3	4	4		2	4	4	16
4	Anglen, Lisa	1			3			5		9
5	McDonough, Amber			2					3	5
	Duley, Charity			3	1					4
	Conway, Katie		2		2					4

Female Age Group 50-59		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Totals
1	Taylor, Gail	5	4	5	5				5	20
2	Sandvik, Jennifer	3	5	4	4		5			18
3	Davila, Brenda	4	3	3						10
4	Legate, Leah				3			5		8
5	Richards, Michelle	2					4			6

Female Age Group 60-69 C Lazy Knoya Government Bird Juneau RR Mt Marathon Alyeska Mat Peak Totals

1	Loan, Sheryl	5			5					10
2	Spencer, Lynn		5				4			9

Female Age Group 70-79		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Totals
1	Brown, Ellyn						5	5		10
2										
3										
4										
5										

Male Age Group 17 and Under		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Totals
1	Marvin, Coby	5		5			5			15
2	Flagstad, Vebjorn		5		5		4			14
3	Wilson, Corbin	3						5	4	12
4	Spangler, Raven	2		4			2			8
	Hanley, Blake			2	3		3			8
6	Hlasny, Paul		4	3						7
7	Gastrock, Miles				1			4		5

Male Age Group 18-29		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Totals
1	Turney, Taylor	4	2	4				2	4	16

