

2024 Alaska Mountain Running Grand Prix Results Overall Women

Rank	First Name	C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Veins of Gold	Totals
1	Severson, Shauna	80	75	100	55	90	45		90	100	380
2	Strabel, Denali	85			75		70		100		330
	Taylor, Gail	60	55	70	50	85	15	55	85	90	330
4	Mina, Viviana	70	80	80	60		10	60	80		310
5	Duley, Charity			85	45		30	70		85	285
6	Inokuma, Meg	90			90		85				265
7	Lafleur, Hannah			90	85		80				255
	Kramer, Kendall			65			90	100			255
9	Arneson, Heather	75	90		65						230
10	Davila, Brenda	40	25	55					60	65	220
11	Dickerson, Julianne	30	60	75	30		35	40			210
12	Rhodes, Klaire		100				100				200
13	Wetzel, Kristin	55						1	65	75	196
14	Marvin, Christy	110					75				185
15	Difolco, Jenna		85		70						155
	Stiassny, Mia				65			90			155
17	Smith, Kristy	25		35					45	40	145
18	McAnly, April		65				65				130
19	Copp, Zoe								55	70	125
20	McCabe, Novie				100						100
	Jahn, Abby					100					100
	Ricci, Heather			25					30	45	100
23	Inscho, Krista	45	50		1						96
24	de Schweinitz, Amy	35		50							85
	Walford, Aly							85			85
26	Moyer, Laurel							80			80
	Anderson, Renae				80						80
	Phelps, Rachel					80					80
	Hall, Madeline									80	80
	Wallschlaeger, Cara			45						35	80
31	Brusa, Jamie							75			75
	Morley, Maisy					75					75
	Breen, Anna								75		75
	Nowka, Kayla		10			45			20		75

35	Spencer, Nowelle		70				1				71
36	McCulloch, Lindsey					70					70
	Schnell, Krista								70		70
38	Koso, Carrie	65									65
	Longacre, Sam			30	35						65
	Kruger, Niki					65					65
	Baker, Nell							65			65
42	Wright, Sophie						60				60
	Spangler, Wren			60							60
	Tanel, Lauren					60					60
	King, Natalie								60		60
46	Fordham, Rosie						55				55
	Gettis, Emily					55					55
	Deal, Taylor						20	35			55
	Frizzle, Kenzie									55	55
50	Houser, Katie						50				50
	Venzke, Carly	50									50
	Cates, Rebecca					50					50
	Platte, Guerin							50			50
	Schilling, Gyongyver								50		50
	Matthews, Alison									50	50
56	Loran, Alyse		45								45
	Frankowski, Rosie							45			45
58	Young, Lucy						40				40
	McDonough, Amber			40							40
	Rocchi, Catherine		40								40
	Kam-MacGruder, Miya				40						40
	Tuckwood, Cindy					40					40
	Russell, Elsa								40		40
65	Fritz, Lauren		35								35
	Staley, Naomi					35					35
	Murphy, Megan				10			25			35
	Stouff, LeeAnn								35		35
69	Postma, Grace		30								30
	Bailey, Hannah					30					30
	Cooke, Megan						30				30

108	Richards, Michelle	1									1
	Seaman, Jana		1								1
	Himes, Sienna			1							1
	Mattox, Anna					1					1
	Stednetz, Allison								1		1
	Carlyle, Dakota										1

2024 Alaska Mountain Running Grand Prix Results Overall Men

Rank	First Name	C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Veins of Gold	Totals
1	Arneson, Lars	100	90		100		55			110	400
2	Taylor, Josh	85	65	100	75	85		45	90	90	365
3	Walsh, Jacob	75						70		85	230
4	Knopp, Tracen		85		85		45				215
5	Norris, David						110	100			210
6	Kennedy, David							90	100		190
7	Amaral, Tristan		45					55	85		185
8	Ritchie, Tom	55	35		10				65		165
9	Vander Lugt, Michael			55					45	60	160
10	Deal, Conor	35		85				30			150
11	Tveit, Ries		70					75			145
12	Kopsack, Lyon	90					50				140
	Haywood, Beck	60								80	140
14	Earnhart, Michael				70		65				135
15	Saari, Matias			75				40			115
16	Wolfe, Hamish		40	70							110
	Vander Lugt, Nathan				50			60			110
18	Patterson, Scott		100								100
	Lyford, Derk					100					100
	Johnson, Erik				25		10	65			100
	Brumbaugh, Kurtis				20					80	100

22	Smith, Joshua	15	30					50	95
23	O'Harra Thomas			90					90
	Marvin, Coby		90						90
	Taylor-Roth, Clem				90				90
	King, Max					90			90
27	Kiskaddon, Max	20	65						85
	McAuley, Jessie					85			85
	Hecht, Galen			60		25			85
	Albrigtsen, Tobias						85		85
31	Noon, Peter	80							80
	Turney, Taylor	80							80
	Spangler, Raven		80						80
	Jager, Luke			80					80
	Francis, David				80				80
	Papillon, Ali					80			80
	Howe, Ethan						80		80
	Henderson, Bryce							80	80
	Alonso, Alex							35	45
40	Endestad, Ari	75							75
	Jahn, Corbyn				75				75
	Gross, Bodhi					75			75
	Werner, Samuel							75	75
44	Hinds, Peter								70
	Priest, Cody	70							70
	Campbell, Zac				70				70
	Gillingham, Jeret					70			70
	Ketner, Dane							70	70
49	Nottingham, Derek	10	1					55	66
50	Kirchner, Brian	65							65
	Flora, Oskar			65					65
	Vera, Edgar				65				65
	Novackovich, Matthew							65	65
54	Flanders, Eric	60							60
	Szweda Mittelstadt, Sebastian		60						60
	Desmarais, Niles				60				60
	Thomas, Darren					60			60

	Beckett, Ryan								60		60
59	Dekker, Franklin		55								55
	Osiensky, Chris				55						55
	Callahan, Matt						55				55
	Vilce, Eric								55		55
	Griffith, Barney			35						20	55
64	Hanley, Blake				1		1	50			52
65	Hatcher, Owen		50								50
	Dennis, Miles	50									50
	Adams, Samuel			50							50
	Berg, David					50					50
	Mitchell, Mitch								50		50
70	Wilson, Corbin	45						1			46
71	Kirkham, Jared			45							45
	Ryland, David				45						45
	Burkhart, Alex					45					45
74	Whipple, Jacob								40		40
	Monterusso, Mike	40									40
	Johnson, Ethan			40							40
	Maurer, Alexander				40						40
	Wheeler, Ferguson					40					40
	Connelly, Michael						40				40
	Oswald, Elias				30			10			40
	Carlberg, James						20	20			40
	Weddleton, John			25					15		40
	Lynch, Larkin									40	40
84	Zenker, William				35						35
	Renick, Charles					35					35
	Trammell, Chad						35				35
	Hartmann, Zach							35			35
	Rangel, Kevin									35	35
89	Okkonen, Eero								30		30
	Knickerbocker, Levi		30								30
	Ward, Ben	30									30
	House, Lee					30					30
	Cox, Ryan						30				30

	O'Melia, Sam										1	1

2024 Grand Prix Age Group Results

Female Age Group 17 and Under		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Veins of Gold	Totals
1	Stiassny, Mia		5		5			5			15
2	Spangler, Wren	3		5			4				12
	Moore Smyth, Ava		1	1					5	5	12
4	Conway, Rose				3			4			7
5	Sensabaugh, Clara	5									5
	Parker, Amelia			*5							5
	Robertson, Molly					5					5
	Jordan, Olive						5				5
	Bodkin, Hannah						2	3			5
10	Virgin, Aubrey	4									4
	Zuber, Calista		4								4
	Strabel, Siri			4							4
	Kam-MacGruder, Miya				4						4
14	Stepetin, Hannah				3						3
	Witmer, Maria		3								3
	Boonstra, Tania						3				3
17	Tichenor, Karley	2									2
	Graziano, Fiora		2								2
	Himes, Sienna			2							2
		1			2						2
	Marley-Jester, Eva							2			2
22	Tichenor, Shaely	1									1
	Wenz, Brooke				1						1
	Elliot, Alise						1				1
	Tirpack, Maya							1			1
				*uphill only							

Female Age Group 18-29		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Veins of Gold	Totals
1	Kramer, Kendall			5			4	5			14
2	Rhodes, Klaire		5				5				10
3	Copp, Zoe								5	4	9
4	Difolco, Jenna		4		3						7
5	Venzke, Carly	5									5
	McCabe, Novie				5						5
	Morley, Maisy					5					5
	Hall, Madeline									5	5
9	Schuster, Maddy	4									4
	Ripp, Laura			4							4
	Anderson, Renae				4						4
	McCulloch, Lindsey					4					4
	Moyer, Laurel							4			4
	Russell, Elsa								4		4
15	Wright, Sophie						3				3
	Spencer, Nowelle		3								3
	Pahkala, Jessica	3									3
	Kruger, Niki					3					3
	Kubitz, Grace			3							3
	Baker, Nell							3			3
	Meshke, Katrina								3		3
	Frizzle, Kenzie									3	3
	Frazier, Amanda								2	1	3
24	Rocci, Catherine		2								2
	Burgess, Ashlynn	2									2
	Titcomb, Jasmine			2							2
	Kam-McGruder, Amae				2						2
	Tanel, Lauren					2					2
	Fordham, Rosie						2				2
	Moore, Emily							2			2
	Zmuda, Maryann									2	2
32	Johnson, Sami	1									1
	Kopsack, Jocelyn		1								1
	Slwooko, Elley			1							1

	Neale, Megan				1						1
	Bailey, Hannah					1					1
	Peterson, Campbell							1			1
	Houser, Katie						1				1

Female Age Group 30-39		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Veins of Gold	Totals
1	Strabel, Denali	5			4		4		5		18
	Severson, Shauna	4	3	5	4	4	3		4	5	18
3	Lafleur, Hannah			4	5		5				14
4	Mina, Viviana	2	4	3	2						11
	Arneson, Heather	3	5		3						11
6	Dickerson, Julianne		2	2			2	1			7
7	Jahn, Abby					5					5
	Walford, Aly							5			5
	Wetzel, Kristin								1	4	5
10	Brusa, Jamie							4			4
11	Phelps, Rachel					3					3
	Platte, Guerin							3			3
	Breen, Anna								3		3
	Ricci, Heather									3	3
	Wallschlaeger, Cara			1						2	3
16	Gettis, Emily					2					2
	Frankowski, Rosie							2			2
	Schnell, Krista								2		2
19	Koso, Carrie	1									1
	Loran, Alyse		1								1
	Nowak, Kayla					1					1
	Cooke, Megan						1				1
	Kent, KC									1	1

Female Age Group 40-49		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Veins of Gold	Totals
1	Duley, Charity			5	4		2	5		5	19
2	Inokuma, Meg	4			5		5				14
3	de Schweinitz, Amy	3		4				3			10
	Smith, Kristy	2		2					4	2	10
5	Marvin, Christy	5					4				9

	Mina, Viviana							4	5		9
7	McAnly, April		5				3				8
8	Inscho, Kristina		4		2						6
9	Morrison, Tracy					5					5
10	Matula, Sarah					4					4
	McDonough, Amber			3				1			4
	King, Natalie									4	4
13	Seaman, Jana		3								3
	Lunoe, Svea				3						3
	Mecum, Brianne					3					3
	Stouff, LeeAnn								3		3
	Matthews, Alison									3	3
18	Hattan, Andrea					2					2
	Lehman, Ashley							2			2
	Stednitz, Allison								2		2
22	Anglen, Lisa	1									1
	Kersten, Kimberly			1							1
	Comer, Teresa				1						1
	Waterfield, Jennifer					1					1
	Dow, Rachel						1				1
	Galloway, Lucy									1	1

Female Age Group 50-59		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Veins of Gold	Totals
1	Taylor, Gail	5	5	5	5	5	5	5	5	5	20
2	Davila, Brenda	4	4	4					4	4	16
3	Sandvik, Jennifer	2			4		4			2	12
4	Legate, Leah				3			4			7
5	Richards, Michelle	3					3				6
6	Tuckwood, Cindy					4					4
7	Gernat, Rachel	1			2						3
	Strumfeld, Jennifer					3					3
	Thomas, Joanne							3			3
	Schilling, Gyongyver								3		3
	Fritzel, Kari									3	3
12	Elliott, Cecile					2					2

	Fink, Karol						2				2
	Fabry, Michelle							2			2
15	Christ, Eva					1					1
	Casey, Susan						1				1
	Anderson, Jennifer							1			1
	Halvorson, Carol									1	1
	Looney, Karen				1						1

Female Age Group 60-69		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Veins of Gold	Totals
1	Ennis, Brigitte				5			5		4	14
2	Rosen, Yereth			*5			2			5	12
3	Williams, Karen		5								5
	Sager, Holly		4				1				5
	Knudsen, Suzanne						5				5
6	Foldager, Patricia						4				4
	Leseman, Wendy							4			4
8	Burton, Ingrid						3				3
				*uphill only							

Female Age Group 70-79		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Veins of Gold	Totals
1	Brown, Ellyn				5		5	5			15
2	Spencer, Margaret							4		5	9

Female Age Group 80-89		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Veins of Gold	Totals
1	McCrea, Maureen						5				5
2											
3											

Male Age Group 17 and Under		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Veins of Gold	Totals
1	Marvin, Coby				5		5	3			13
2	Flora, Oskar			5	5						10
3	Wilson, Corbin		5					4			9

	Vander Lugt, Nathan				4			5			9
5	Vera, Edgar					5					5
	Copp, Teigan									5	5
7	Tichenor, Zion	4									4
	Randall, Thale		4								4
	Spangler, Raven			4							4
	Nottingham, Breyden	3		1							4
	Numme-Worrell, Miles		3		1						4
	Wheeler, Ferguson					4					4
	Flagstad, Vebjorn						4				4
14	Black, Gabe			3							3
	Oswald, Elias				3						3
	Lamb, Finn					3					3
	Ruckel, Cedar						3				3
	Annett, Robbie				2		1				3
19	Wilson, Harlow	2									2
	Vander Lugt, Freeman		2								2
	Kiskaddon, Axel			2							2
	Woodruff, Owen					2					2
	Rubeo, Blaze						2				2
	Griffis, Zane							2			2
25	Vantassel, Jaxson	1									1
	Ottenweller, Jack		1								1
	Schane, Elias					1					1
	Rhodes, Ruben							1			1

Male Age Group 18-29		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Veins of Gold	Totals
1	Taylor, Josh	4	4	5	2	3			4	5	18
2	Kennedy, David							5	5		10
3	Knopp, Tracen		5		4						9
4	Walsh, Jacob	2						2		4	8
5	Kopsack, Lyon	5									5
	O'Harra, Thomas				5						5
	Lyford, Derk					5					5
	McAuley, Jessie						5				5

	Adams, Samuel			4						4
	Ryland, Daviod				4					4
	Jahn, Corbyn					4				4
	Thomas, Darren						4			4
	Albrigtsen, Tobias							4		4
	Henderson, Bryce								4	4
	Hunsberger, Colin									4
15	Kirchner, Brian	3								3
	Dekker, Franklin		3							3
	Metcalf, Quinton			3						3
	Zenker, William				3					3
	Campbell, Zac					3				3
	Werner, Samuel							3		3
	Cazaux, Guillaume								3	3
22	Hatcher, Owen		2							2
	Pahkala, John			2						2
	Atkinson, Collin				2					2
	Desmarais, Niles					2				2
	Cox, Ryan						2			2
	Hartmann, Zach							2		2
	Ketner, Dane								2	2
	Carlyle, Marshall									2
30	Thomas, Levi	1								1
	Matheson, Ben			1						1
	Berg, David				1					1
	Callahan, Matt					1				1
	Carlberg, James						1			1
	Basel, Paul								1	1
	Beckett, Ryan							1		1

Male Age Group 40-49		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Veins of Gold	Totals
1	Nottingham, Derek		3	3		4				5	15
2	Johnson, Erik				5		3		5		13
3	Smith, Josh	1			4					4	9
4	Ward, Ben		4						3		7

5	Garvey, Mike		4		2					6
	Prosser, Dylan				4			2		6
7	Ritchie, Tom	5								5
	Flanders, Eric		5							5
	Kirkham, Jared			5						5
	Renick, Charles					5				5
	King, Max						5			5
	Rose, James							5		5
	Brady, Mark			1				4		5
14	Trammell, Chad						4			4
	Newbould, Brandon							4		4
16	Baalerud, Andrew	3								3
	Ross, Jerome				3					3
	Conway, Patrick		2		1					3
	Ivanowicz, Brandon					3				3
	Tichenor, Benjamin							3		3
	Holmes, Jessie								3	3
22	Peters, Andy	2								2
	Cornelius, Christopher			2						2
	Morrison, Aaron					2				2
	Strabel, Eric						2			2
	Clark, Paul								2	2
27	Kirkham, Jared		1							1
	Hulson, Peter					1				1
	Miller, James						1			1
	Dashow, Jason								1	1
	DiMarzio, Charles						1			1

Male Age Group 50-59		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Veins of Gold	Totals
1	Ritchie, Tom		5		5		3	3	5		18
2	Vander Lugt, Michael		3	4	3				4	4	15
3	Saari, Matias			5			4	5			14
	Novakovich, Matt						5	4		5	14
5	Alonso, Alex		4				1	4	3	3	11
6	Monterusso, Mike	5									5
	Morley, Steven					5					5

	Spangler, Kirby			3				2		5
9	Bertschi, Isaac	4								4
	Duenow, Andrew			4						4
	Pusich, Dave				4					4
	Benter, Brad	2					2			4
13	Lombardo, Vince	3								3
	Andrews, Alex				3					3
15	Kopsack, Lance		2							2
	Donley, Kevin			2						2
	Fair, Lowell				2					2
	Erchinger, Shawn					2				2
	Fritzel, Troy								2	2
20	Ringler, Joel	1								1
	Clark, John		1							1
	Rice, Jereld			1						1
	Schane, Demian				1					1
	Crowley, Dane							1		1
	Slatonbarker, Tony								1	1

Male Age Group 60-69		C Lazy	Knoya	Government	Bird	Juneau RR	Mt Marathon	Alyeska	Mat Peak	Veins of Gold	Totals
1	Griffith, Barney	4		5	5		5	5		5	20
2	Weddleton, John	5		4	4				5		18
3	Gilles, Steve						2	3		4	9
4	Lamothe, Neil	3		3	2						8
5	Nagel, John					5					5
6	Reese, Carl					4					4
	Romig, Karl						4				4
	Mccool, Clint							4			4
	Jacobsen, Mark	2						2			4
10	Taylor, Peter				3						3
	Murray, James						3				3
	Kopsack, Braun			2							2
13	Gibbs, Grant							1			1
	Butera, Bob				1						1
	Tranel, Michael						1				1

