



## 2019 Alaska Mountain Running Grand Prix Results Overall Women

Best 4 races counted with a min. of 2 races required for placement

	Name	Last	C Lazy	Knoya	Gov Peak	Bird Ridge	Mt Mar	Alyeska	Mat Pk	Total	
1	Rosie	Frankowski		100	100	100		100		400	
2	Denali	Strabel	100	90	90		75			355	
3	Julianne	Dickerson	x	x	85	85	85	90		345	
4	Jessica	Vetsch	80	x	75	80		85		320	
5	Hannah	Lafleur	90			90	100			280	
6	April	McAnly	65		55	x	25	45		190	
6	Klaire	Rhodes		65		15	40		70	190	
8	Sheryl	Loan	30	60	70	x	10			170	
8	Alyse	Loran	x	45	35	0	0	25	65	170	GAMUT
10	Lisa	Anglen				50	35		80	165	
10	Annie	Connelly	60	50			45	10		165	
10	Penelope	Spencer		85	80					165	
	Shauna	Severson				40			100	140	
	Heather	Edic	75		60					135	
	Ruby	Lindquist					65	65		130	
	Gail	Taylor			45				85	130	
	Holly	Brooks				60	50			110	
	Jenna	DiFolco					55	55		110	
	Aubrey	Smith		40			70			110	
	Carly	Venzke	50		25				20	95	
	Milissa	Lewis	10		20				60	90	
	Kimberly	Riggs		25					55	80	
	Megumi	Inokuma	70							70	
	Sophie	Wright	25						45	70	
	Lauren	Spinelli			30	20	15			65	
	Leslie	Robbins	35			25				60	
	Jennifer	Aschoff	1						50	51	
	Karol	Fink	15	20					10	45	
	Kailyn	McGrath	5		40					45	
	Jocelyn	Kopsack	0	5	0	0	0	0	30	35	GAMUT
	Casey	Wright		10	5					15	

## 2019 Grand Prix Results

### Age Groups - MALE

Best 4 races counted with a min. of 2 races required for placement

	Name	Last	Crazy Lazy	Knoya	Gov Pk	Bird	M Mar	Alyeska	Mat Pk	Total
<b>MALE AGE GROUP: 17 &amp; under</b>										
1	Michael	Connelly	5	5	5	5				20
2	Noble DJ	Gurney	2		3			4	5	14
3	Alex	Carl	1					3	3	7
	Kurtis	Brumbaugh		2		2				4
<b>MALE AGE GROUP: 18 - 29</b>										
1	Lars	Arneson	5	4	4	x	5			18
2	Erik	Bjornsen			5	5				10
2	David	Norris		5				5		10
	Kenneth	Brewer	3	3	2		1			9
	Pyper	Dixon					4	1	4	9
	Scott	Patterson			3			4		7
	Lyon	Kopsack	4	2						6
	Adam	Loomis		1	1	1	2			5
	Ryan	Phebus				2		3		5
	Taylor	Turney	2						2	4
<b>MALE AGE GROUP: 30 - 39</b>										
1	Eric	Strabel	4	5	5	x	4			18
2	Allan	Spangler	2				2		4	8
3	Tor	Christopherson			4	3				7
3	Chris	Maus		4					3	7
	Luke	Rosier		1				4	1	6
	William	Zenker				1			5	6
	Ryan	Beckett			3	2				5
	Trevor	Kreznar						3	2	5
<b>MALE AGE GROUP: 40 - 49</b>										
1	Erik	Johnson	x		5	5	5	5		20
2	Matias	Saari	5	5				4	5	19
3	Mike	Monterusso	3	3	3	x			4	13
	Ben	Ward			4	2	4	2		12
	Craig	Taylor	2		2		3	3		10
	Tom	Ritchie		4	1				2	7
	Jerome	Ross				3	1			4
<b>MALE AGE GROUP: 50 - 59</b>										
1	Brad	Benter	5	4		x	2	5		16
2	Tony	Slatonbarker		3	5	4				12
2	Kevin	Donley		5	4	3				12
	Dan	Brokaw		x	3	1		2	5	11
	Marten	Martensen		4	1		3			8
	Andrew	Duenow				5	1			6
	Lance	Kopsack	3					3		6
<b>MALE AGE GROUP: 60 - 69</b>										
1	John	Weddleton		5	5	5		4		19

2	Barney	Griffith	5			4	4	5		18
3	Sam	Young		5	4	3		3		15
	Steve	Gilles	3			2	1		4	10
	Karl	Romig					5		5	10
	Dan	Virgin		4			3			7
	Sam	Young	4				2			6
	Bill	Spencer			3				3	6
	Roy	Longacre		3	1					4
	Braun	Kopsack	1			1				2
<b>MALE AGE GROUP: 70-79</b>										
1	Fred	Moore	5	4	4		4			17
2	Laddie	Shaw			5	5				10
2	Bruce	Davison		5				5		10
	Norm	Johnson				3	3			6
	Ed	Strabel			3	2				5
	Ernest	Stolen		3			1			4

## 2019 Grand Prix Results

### Age Groups - FEMALE

Best 4 races counted with a min. of 2 races required for placement

	Name	Last	Crazy Lazy	Knoya	Gov Pk	Bird	M Mar	Alyeska	Mat Pk	Total
<b>FEMALE AGE GROUP: 17 &amp; under</b>										
1	Sophie	Wright	5						5	10
2	Elizabeth	Novakovich				4		3		7
3	Mia	Striassny		1	5					6
<b>FEMALE AGE GROUP: 18 - 29</b>										
1	Rosie	Frankowski		5	5	5		5		20
2	Denali	Strabel	5	4	4		4			17
3	Klaire	Rhodes		2		1			4	7
	Heather	Edic	4		2					6
	Penelope	Spencer		3	3					6
	Ruby	Lindquist					3	2		5
	Carly	Venzke	1		1				1	3
	Jenna	DiFolco					1	1		2
<b>FEMALE AGE GROUP: 30 - 39</b>										
1	Julianne	Dickerson	4	5	5	x	x	5		19
2	Hannah	Lafleur	5			5	5			15
3	Jessica	Vetsch	3	3	4	x		4		14
	Alyse	Loran		2					2	4
	April	McAnly	1		2					3
	Aubrey	Smith		1			2			3
<b>FEMALE AGE GROUP: 40 - 49</b>										
1	Jennifer	Aschoff	4		2			5	4	15
2	Lauren	Spinelli			5	4	5			14
3	Kimberly	Riggs		5				3	5	13
	Leslie	Robbins	5			5				10
	Gyongyve	Schilling					1		3	4
<b>FEMALE AGE GROUP: 50 - 59</b>										
1	Karol	Fink	5	5		3	5		x	18
2	Gail	Taylor			5				5	10
3	Wendy	Sailors	3		4		2			9
	Verena	Gill				4	4			8
	Becky	Coveny		3				5		8
	Karen	Kirk		4	3					7
	Susan	Casey		5			1			6
	Rose	Garner			1			4		5
	Karen	Williams	2			1				3
	Karen	Looney		1	2					3
<b>FEMALE AGE GROUP: 60 - 69</b>										
1	Sheryl	Loan	5	5	5		5			20
2	Pam	Richter	x		4	5	4	5		18
3	Kotsin	Wiskeys	1		3			3		7
3	Suzanne	Knudsen					3	4		7